Praise the Lord New Horizon Partners,

We are at the end of 2023 and the beginning of 2024. Our Covenant Connection International (CCI) mantra for 2024 is “One House” and our local mantra is “Open Doors for 2024”. As your leader, I believe that we are at a transition point in our ministry. We have not seen all that God is getting ready to do. However, we are at the door and it is open. The “One House” speaks about our Unity in the house and the “Open Doors” reveals our opportunity to step into our Kairos moment. Our vision is that we will unify our efforts to see God’s will come to pass as a church.

Our Daniel Fast is from 3-23 January 2024. The purpose of this fast is to consecrate our lives as a corporate body to move in sync with the cloud of his glory. We know that the doors are open but we do not want to get distracted by the tactics of the enemy. This fast is going to produce results in your spiritual life so value it.

Our consecration will consist of either a Daniel fast which means no meat just fruits and vegetables for 21 days. The other option is partial fasting which requires you to only drink water and eat after 5 PM for 21 days. You have the flexibility of doing a combination of both. Fasting should not be considered a “dieting method” either. We shouldn’t fast to lose weight, but rather to gain deeper fellowship with God. Although losing weight will happen that should not be our focus. Please check with your doctors if you are diabetic or have any other medical condition before participating.

So, what is the intent for this fast?

1. **Seeking Our God:** This is the first and most important for every believer to seek the face of God. It means that you will abstain from other things that you find pleasure in to give your whole heart totally to God in prayer.
2. **God takes First Place:** Fasting also means putting God first. That means you want to be with God more than you to spend time with other people, places, or things. In this way, fasting is a point of intimacy with God.
3. **Creating a Prayer Environment:** Fasting is a time to foster a sensitive environment for the working of prayer. It enables us to see the fulfillment of God’s Word and purposes for us as individuals and as the body of Christ.
4. **Interceding for Others:** The majority of the fasting cases in the Bible were on behalf of the needs of others, whether it was a national problem or a family situation. They fasted to bring God into their circumstances.
5. **It also involves You:** Fasting for your personal life is powerful for every Christian. It will increase your spiritual capacity. It brings the body under subjection to what the spirit desires. In other words, you discipline your body so that the body becomes a servant of the Lord, rather than the master of your spirit. Fasting does not change God; it changes us, and it transforms our prayers.

**Scriptures for meditation and consecration during this 21-Day Fast and Prayer**: Mat 6; Rom 12:1-2; Eccl 3:1-2; Eccl 4:12; Philippians 2:1-2; Eph 4:1-2; Rev 3:7-8; Eph 6:10-18; John 17; Prov 12:15; prov 19:20

**Apostle Carlos Keith**

**HERE ARE SOME THINGS YOU CAN DO TO PREPARE YOUR HEART:**

* **Ask God to reveal to you any unconfessed sin.**
* **Confess every sin that the Holy Spirit calls to your remembrance and accept God’s forgiveness (1 John 1:9).**
* **Seek forgiveness from all whom you have offended and forgive all who have hurt you (Mark 11:25; Luke11:4; 17:3,4).**
* **Ask God to fill you with His Holy Spirit according to His command in Ephesians 5:18 and His promise in 1 John 5:14,15.**
* **Surrender your life fully to Jesus Christ as your Lord and Master; refuse to obey your worldly nature (Romans 12:1-2).**
* **Begin your time of fasting and prayer with an expectant heart (Hebrew 11:6).**
* **Do not underestimate spiritual opposition. Satan sometimes intensifies the natural or spiritual battle between body and spirit (Galatians 5:16,17).**
* **Meditate on the attributes of God, His love, sovereignty, power, wisdom, faithfulness, grace, compassion, and others (Psalm 48:9,10; 103:1-8,11-13).**

**BENEFITS OF PRAYER AND FASTING:**

* **It Strengthens Prayer.** (Ezra 8:23)
* **Jesus encourages fasting and prayer for deliverance from evil spirits**. (Mk 9:29; Matt 17:21)
* **Fasting and prayer breaks the darkness that overwhelms and hinders the nations and defeats territorial spirits that hinders world evangelism.** (Dan. 10:13)
* **Fasting and prayer breaks the darkness that overwhelms and hinders the nations and defeats territorial spirits that hinders world evangelism.** (Dan. 10:13)
* **God will take our problems as we fast and pray in humility. Our battle becomes God's battle.** (2 **Chronicles 20:15)**
* **To seek God’s guidance.** (Judges 20:26)
* **To express grief.** (1 Samuel 31:13)
* **To seek Deliverance or Protection.** (2 Chronicles 20:3-4)
* **To Humble oneself before God.** (1 Kings 21:27-29)
* **To express concern for the work of God.** (Nehemiah 1:3-4)
* **To minister to the needs of others.** (Isaiah 58:3-7)
* **To overcome temptation and dedicate yourself to God.** (Matt. 4:1-11)
* **To express love and worship for God.** (Luke 2:37)
* **Health Benefits and speedy Answers to prayer.** (Isaiah 58:8)